



# Disaster Mental Health Training

**Wednesday,  
April 13, 2016**

**Time:**

**8:15am** Sign In and  
Pick Up Training Packet  
**(There will be no  
on-site registration)**  
**9:00am - 4:15**  
Training

**Location:**

Alabama State University  
Garrick Hardy Center  
2nd Floor  
Ballrooms B & C  
1055 Tullibody Drive  
Montgomery, AL 36104

**Cost:**

There is no cost to  
attend this training.

**Target Audience:**

First Responders,  
Disaster Volunteers,  
Health Care Workers,  
Behavioral Health  
Clinicians and  
Community Providers.

**Training Objectives:**

- Identify age specific traumatic events that impact the mental health functioning of youth and adolescents.
- Describe strategies for communicating and responding to children with autism during emergencies and disasters.
- Provide an overview of child centered play therapy techniques to communicate with children who have survived trauma
- Describe the role of Emergency Medical Services when responding to the needs of children during a disaster
- Discuss substance abuse prevention with youth and adolescents who are survivors of trauma
- Explain the importance of good mental health and self care when responding to the needs of children and adolescents following an emergency.

**Training Topics:**

- A Look at Mental Health and Trauma in Our Most Vulnerable Populations
- Responding to the Needs of Children with Autism During Emergencies and Crisis Events
- Trauma Focused Treatment and Emergency Medical Services for Children
- Using Play Therapy Techniques to Assist Children with Special Needs After Disasters
- Substance Abuse Prevention With Adolescents Following a Crisis Event
- Maintaining Good Mental Health and Wellness as a First Responder



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**Continuing Education Credits:** CEU's have been applied for and are pending approval for nurses, social workers, pharmacists and counselors. If your respective discipline is not listed, you will need to contact your state licensing board prior to the conference date for CEU approval. Specific training materials will be made available upon request.

**Conference Registration:**

To pre-register for this training, please click on the link: <http://www.adph.org/Extranet/Forms/Form.asp?formID=5546>

There will be no onsite registration.

**Conference Information:**

For additional information, please contact Elana Merriweather at [elana.parker@adph.state.al.us](mailto:elana.parker@adph.state.al.us). Or, you may contact the Alabama Department of Public Health - Center for Emergency Preparedness at (334) 206-3394.

**Supporters and Sponsors:**

- Alabama Counseling Association (ALCA) - Chapter VII
- Interaction Advisory Group
- Autism Society of Alabama
- Mental Health America
- National Alliance on Mental Illness
- Family Sunshine Center
- ASU Counselor Education Student Association (CESA)
- Alabama Department of Public Health
  - Center for Emergency Preparedness
  - Emergency Medical Services for Children



Autism Society of Alabama



Alabama



Family Sunshine Center



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